



Personal Training Client Agreement

Cottonwood Palo Verde Fitness Center

Thank you for participating in the CWPV Personal Training program. In order to communicate all the information necessary for a great personal training session we have provided the following policies and information.

Policies:

- **Personal Training Sessions:** There is a charge for these services. The specific number and length of your sessions are outlined below.
- **Session Length:** Sessions will last only for the time agreed upon.
- **Late Policy:** Sessions starting late will still be completed from the original, scheduled start time (unless the late start is due to the Trainer).
- **Cancellation Notice:** Clients are asked to **contact the Trainer a minimum of 24 hours** in advance of the scheduled training session, unless in the case of an emergency.
 - If you do not contact your personal trainer at least 24 hours in advance of your appointment, you will still be billed for a session.
 - **If you contact your trainer by phone, please leave a message on his/her voicemail about the cancelation.**
- **Expiration Date:** There is an **expiration date of 3 months** from the date the package was purchased.
 - Funds will be forfeited if clients do not utilize the package prior to the expiration date.
 - Health related events will be subject to a possible extension of the package's expiration date.
- **Reimbursement:** A reimbursement of unused sessions will be given to the estate in the event of a client death. Must provide proof of death.
- **Tipping:** Tipping your trainer and/or offering gifts in not permitted.
- **Refunds:** Refunds are not typical and should not be expected.
 - Refunds will only be discussed if the resident experiences a significant change in health status.

Payment Process:

Payment accepted by check, cash or money order. **Checks made out to SLHOA2**

Client Printed Name

Phone Number or Email

Client Signature

Date

CWPV FAC Staff Member: _____ Date: _____